FRIDAY May 17, 2024

4:00 pm – 6:00 pm **Registration** – Enter Speaker Draw

Want a chance to speak for about 15 minutes? Enter the 6:30 pm speaker draw during registration!

6:00 pm - 6:30 pm **Opening Ceremonies**

6:30 pm – 7:15 pm **SPEAKER DRAW** – Fun in Recovery

7:30 pm - 8:30 pm SPEAKER - Roxanne P. (Red Deer, AB)

9:00 pm – 10:30 pm ENTERTAINMENT – Games Night Mixer!

Marathon Meetings

4:00 pm – 5:45 pm 9:00 pm – 12:00 am

Hospitality Room

4:00 pm – 7:15 pm 9:00 pm – 12:00 am

Memorabilia

4:00 pm – 7:15 pm 8:30 pm – TBA

SATURDAY May 18, 2024

9:30 am – 10:30 am

WORKSHOP – The Higher Power Hour
Nikhil C. and Odene T. (Edmonton, AB)

11:00 am – 12:00 pm SPEAKER – Melanie D. (Edmonton, AB)

12:00 pm - 1:00 pm **Lunch (not provided)**

1:15 pm – 2:45 pm

PANEL – 30 Years of CA in Northern AB

Yes, You Can Start a C.A. Meeting

Chair – Percy O. (Edmonton, AB)

5:00 pm – 6:15 pm Banquet Dinner

6:30 pm – 8:00 pm Clean Time Countdown & Auction

8:30 pm – 9:30 pm SPEAKER – Rob B. (Draper, Utah, USA)

10:00 pm – 11:30 pm ENTERTAINMENT – SNL Comedy Show!

Marathon Meetings

8:00 am - 9:15 am 3:00 pm - 4:45 pm 10:00 pm - 12:00 am

Hospitality Room

12:00 pm - 1:00 pm 3:00 pm - 4:45 pm 10:00 pm - 12:00 am

Memorabilia

8:30 am – 9:30 am 10:30 am – 11:00 am 12:00 pm – 1:00 pm 5:00 pm – 6:30 pm 9:30 pm – TBA

SUNDAY May 19, 2024

8:30 am - 9:30 am **Breakfast**

9:45 am – 12:00 pm (includes 15 min break)

SPEAKER + WORKSHOP –

Working with Others

Jimmy B. (St. Albert, AB)

12:15 pm – 1:00 pm Gratitude and Closing Ceremonies

Memorabilia

8:30 am - 9:30 am 12:15 pm - 1:00 pm



The Twelve Steps of Cocaine Anonymous

- We admitted we were powerless over cocaine and all other mind-altering substances — that our lives had become unmanageable.
- 2. Came to believe that a Power greater than ourselves could restore us to sanity.
- 3. Made a decision to turn our will and our lives over to the care of God as we understood Him.
- 4. Made a searching and fearless moral inventory of ourselves.
- Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
- Were entirely ready to have God remove all these defects of character.
- 7. Humbly asked Him to remove our shortcomings.
- 8. Made a list of all persons we had harmed, and became willing to make amends to them all.
- Made direct amends to such people wherever possible, except when to do so would injure them or others.
- Continued to take personal inventory and when we were wrong promptly admitted it.
- 11. Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
- 12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

PHONE NUMBERS

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Northern Alberta Area of Cocaine Anonymous

19th Annual Convention!!!



May 17, 2024 to May 19, 2024